

SUPPORTING WORKFORCE WELLBEING IN LEEDS

Thrive at Work supports health and social care staff in Leeds to excel in their roles while managing their health.

Objectives for the Thrive at work programme

Preventing employees leaving work due to ill health.

Supporting quicker returns to work through early interventions for those absent from work due to ill health.

Support alternative employment opportunities for people leaving work due to ill health.

Key focus areas

**MSK
conditions**

**Mental
Health**

SUPPORT AVAILABLE



INTEGRATED COACHING

Supports your employees with a combination of work coaching, health coaching, and social prescribing to build resilience and improve wellbeing.



WORKPLACE ADJUSTMENTS SUPPORT

Supports managers, like yourselves, to create flexible, effective workplace solutions for staff with health conditions.



MENTAL HEALTH FAST TRACK SERVICE

Rapid access for your employees to early support therapies to prevent escalation.



MUSCULOSKELETAL SUPPORT

Assistance for employees dealing with musculoskeletal pain or injury, enabling quicker recovery and better work participation.



ALTERNATIVE EMPLOYMENT OPTIONS

Support for employees exploring new roles or transitions, including redeployment or career change, when staying in their current role is not feasible.

To find out more and make a referral please [click here](#) or scan the QR code

