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## UPCOMING EVENTS



**THE SPELLMAN CARE VETERANS CAFES**

**2PM - 3.30PM**

27th May: Steeton Court Nursing Home  
19th June: Ghyll Royd Care Home, Guiseley  
25th July: Springbank Care Home, Silsden  
30th August: Craven Nursing Home, Skipton

Delightful conversation accompanied by food and drink

Veteran Friendly logo



**Spellman Care Presents**

**'A TRIP DOWN MEMORY LANE' For VE Day**

Live Music by Maria Watton-Graham  
1940's Themed Food & Drink  
Reading of the Proclamation  
Poppy Arts & Crafts

**THURSDAY 8TH MAY 25**  
10.30AM - 4PM

Steepton Court Nursing Home

Veteran Friendly logo



**Craven Nursing Home**

**VETERANS BREW AND BAKE**

**COFFEE MORNING**

**Open to all**

**When:** Thursday 8<sup>th</sup> May 2025, 10.30 - 12.30  
**Where:** Craven Nursing Home, Skipton  
**What:** Free Tea & Coffee, Cakes for a Donation  
**Why:** Raising funds for Combat Stress

COMBAT STRESS logo



**Alpaca Therapy**

**26th June**  
**2pm**

Sit back, relax, and enjoy the alpacas as they take a stroll around the home!

Ghyll Royd Care Home logo



**THE BLUEBIRDS**

**VE DAY CELEBRATIONS**  
14th May | 11am

Ghyll Royd Care Home logo

Veteran Friendly logo



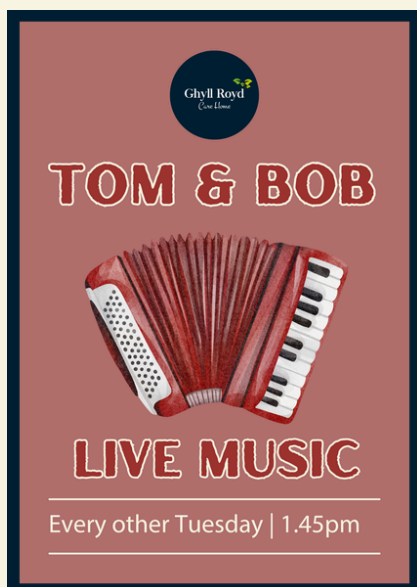
**MOOV WITH OONA**

**AT**

**Ghyll Royd Care Home**

**11AM | EVERY 1ST WEDNESDAY**

**GET MOVING WITH OONA'S ARMCHAIR DANCES AND EXERCISES**



**Ghyll Royd Care Home**

**TOM & BOB**

**LIVE MUSIC**

Every other Tuesday | 1.45pm



**LIVE MUSIC**  
**ROCHELLE AYRIS**

**SWAN LOUNGE**  
**MONDAY 23RD JUNE, 2.30PM**



**08 MAY**

**Spellman Care Presents**

**LOUIS DEVERE**

**LIVE MUSIC FROM 2.30PM**  
**SWAN DINING ROOM | CRAVEN NURSING HOME**

Spellman Care

# SPELLMAN SPOTLIGHT

5th May, 2025

Kindness | Dignity | Compassion



## FREE DEMENTIA AWARENESS TALKS

[www.spellmancare.co.uk](http://www.spellmancare.co.uk)

Spellman Care is delighted to announce a partnership with Dementia Friendly Keighley to host a free educational talk on dementia at their Springbank Care Home during the upcoming Dementia Action Week. This informative session is open to all members of the local community and is... (continued on page 2)

[hello@spellmancare.co.uk](mailto:hello@spellmancare.co.uk)

[@spellmancare](https://www.instagram.com/spellmancare)



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# DEMENTIA SPECIAL

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## DEMENTIA TALK



### Free Dementia Awareness Talks (Continued)

... specifically designed for individuals with little to no prior knowledge of dementia.

Whether you are a local business aiming to become more dementia-friendly, an individual seeking to better understand dementia, or a relative of someone recently diagnosed, this talk offers valuable insights

within a supportive environment.

The one-hour session will be held at Springbank Care Home, a Spellman Care home in Silsden, on Wednesday, 21st May 2025, from 1.45pm to 2.45pm.

Experienced trainers from Dementia Friendly Keighley, a local charity dedicated to transforming how communities think, talk, and act about dementia, will lead the session. Drawing upon their “expertise by experience,” many of their champions have personal connections to dementia.

Lynne Carter, representing Dementia Friendly Keighley commented “Finding out that you or someone you love has dementia is a big challenge but at Dementia Friendly Keighley we’re here with support and social interaction at any stage in your dementia journey.

There are practical steps and changes in the way you communicate that can really help someone with dementia. Our awareness sessions help you learn about these.”

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# DEMENTIA SPECIAL

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## DEMENTIA TALK



Attendees will gain an understanding of what dementia is, clarifying the term and its underlying causes. They will also learn to recognise key indicators of dementia and discover tangible ways to make daily life easier for people living with the condition. The session will also cover developing strategies for communicating effectively with individuals who have dementia and provide information about where to find additional support, including details about Dementia Friendly Keighley.

The talk will cover the prevalence of dementia in the UK, different types of dementia, and how it can affect various brain functions. Through practical examples and discussions, attendees will learn simple yet effective changes in the environment and communication techniques that can significantly improve the lives of individuals living with dementia.

“Springbank Care Home is delighted to welcome Dementia Friendly Keighley and our local community for this important awareness session,” states April Howie, Deputy Manager. “Supporting our community is at the heart of what we do, and as a dedicated provider of dementia care, offering a supportive and welcoming atmosphere for learning feels like a natural and valuable extension of that commitment.

Tickets for this free event are limited and can be booked online. Local businesses and individuals are urged to reserve their place promptly to avoid disappointment.