

SUMMER SEASON

SUMMER FETES GET STARTED



Ghyll Royd Fete Kicks Off Spellman Care's Summer Season in Style (Continued)

...the 'busiest fete he had attended yet', reflecting the fantastic atmosphere and packed garden on the day.

The charity raffle was also a great success, supported by generous donations from local businesses and supporters. Spellman Care would like to

thank everyone who contributed prizes, which included a complimentary four-ball voucher from Bradford Golf Club, a Kitu facial voucher, a £10 John Lewis voucher, two £150 photography vouchers, Yorkshire Soap Company soaps, Hawthorn Farm cakes, a Maggie's Tearoom voucher, a Costa Coffee voucher, a Bramble Bakehouse voucher and Willow figurines.



Spellman Care SPELLMAN SPOTLIGHT

3rd August, 2026

Kindness | Dignity | Compassion



**FULL ASTERN ON
THE QE2 AND THE
ULTIMATE
YORKSHIRE PUD:
REMARKABLE LIVES
OUR RESIDENT'S STORIES**
www.spellmancare.co.uk

Welcome to our resident showcase. A huge thank you to our residents for sharing these wonderful stories with us.

If you would like to feature a story or recipe in a future edition, please speak to our fantastic Activity Coordinators, who are always on hand to help you write and submit your entry! (Ctd Pg 2)

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REMARKABLE LIVES

OUR RESIDENT'S STORIES



The Adventures of a Lift Engineer

This is an article by resident 'N' of Steeton Court Nursing Home.

N's career as a lift engineer took him all over the world, often into extraordinary, challenging, and sometimes dangerous situations. From luxury hotels and famous ocean liners to remote islands and the Middle East, every job came with a unique story.

A Grand Arrival in Lagos

One of his most memorable trips was to the Hilton Hotel in Lagos, Nigeria. The adventure began before he had even reached the hotel. The owner of the hotel was due to meet him, but when he arrived late, N was in danger of missing his onward journey.

To make up for lost time, the hotel owner arranged for N to be flown by helicopter. On arrival, armed guards were waiting, along with a fleet of limousines, making it feel more like something from a spy film than an engineering assignment. It was immediately obvious that the hotel owner was a very powerful and influential man.

His destination was the Hilton Hotel, where he had been called to repair one of the lifts. When N inspected it, he discovered it had been installed incorrectly. The steel fixings weren't secure and could have vibrated loose at any moment, making the lift extremely dangerous. He completely rebuilt and repaired the installation, ensuring it was entirely safe.

The hotel owner was taking no chances. He kept hold of N's passport until the work was completed, making it clear that N... (Ctd Pg 3)

SUMMER SEASON

SUMMER FETES GET STARTED

Ghyll Royd Fete Kicks Off Spellman Care's Summer Season in Style

Spellman Care's summer fete season has begun in style, after Ghyll Royd Care Home welcomed an exceptional turnout to its much-loved Secret Garden Country Fete.

The event, held on Saturday, 11th July at the home on New Ghyll Royd in Guiseley, saw the garden packed with residents, relatives, colleagues and members of the wider community, setting a joyful tone for the rest of the group's summer celebrations.



Steven Spellman, Director of Spellman Care, said: "It was wonderful to see Ghyll Royd's garden so full of life, laughter and community spirit. Our residents, their relatives and our dedicated colleagues put so much love and effort into creating a meaningful event, and the response was fantastic. Events like this are at the heart of the person-led care we deliver, and we are delighted that our summer fete season has begun in such a memorable way."

Ghyll Royd's Secret Garden Country Fete was created to offer a relaxing, welcoming and sensory afternoon for those living with dementia, while also bringing neighbours, families and friends together in the sunshine. Guests enjoyed garden games, stalls, refreshments and live entertainment from pianist Kevin James and singer Craig Carlisle.

The home was honoured to welcome the Lord Mayor, who gave a lovely speech about the importance of events like Ghyll Royd's summer fete for people living with dementia, as well as for the wider community. Singer Craig Carlisle also commented that it was... (Ctd Pg 8)

REMARKABLE LIVES

OUR RESIDENT'S STORIES



B's Recipe for a Life Well Lived (Continued)...

with Yorkshire puddings, and B became renowned for making perfect Yorkshire puddings.

Using her trusty Kenwood mixer, she believed the secret was to make the batter really well before pouring it straight into a very hot oven. As children, Yorkshire puddings were sometimes enjoyed simply with

butter and sugar, and she even remembers deep-fried Yorkshire puddings as a special treat.

B's love of cooking began with her own mum, who was an excellent cook and patiently taught her everything she knew. B then passed those same skills on to her daughter, continuing a family tradition that has been shared across generations.

Now aged 85, B's memories remind us that the simplest recipes often become the most treasured. A homemade cake, a perfect Yorkshire pudding and a warm kitchen full of family are ingredients for a lifetime of happy memories.

Remarkable Lives

Share your story today!

We're always looking for new articles and resident experiences to share in the Spellman Spotlight. Simply speak to an Activity Coordinator today to get started on your article!

REMARKABLE LIVES

OUR RESIDENT'S STORIES

The Adventures of a Lift Engineer (Continued)

...wasn't leaving until the lift was safe. Once the job was finished, N was given his passport back and told simply, "Don't ever enter this country again."

Setting Sail on the QE2

Another unforgettable chapter in N's career was working aboard the legendary QE2, one of the world's most famous ocean liners.



He travelled on the ship twice, carrying out work on the lifts, including those serving the deck areas and the luxurious penthouse accommodation. On one occasion, the QE2 had recently been fitted with new propellers in Zeebrugge and was undergoing sea trials in the English Channel. As part of the testing programme, the ship performed large figure-of-eight manoeuvres while engineers assessed the performance of the new propellers.

While the testing was taking place, N was relaxing in one of the lounges enjoying a game of dominoes. Without warning, the engines were put full astern. The whole ship shuddered violently as the power reversed, sending the dominoes flying across the table. It was one of those unexpected moments that perfectly summed up life as a travelling engineer—never quite knowing what was going to happen next.

A World of Experience

N's work also took him to Saudi Arabia, Algeria, Germany, Switzerland, Ireland, and the Shetland Islands. Every country brought different challenges, cultures, and unforgettable experiences.

Looking back, N often smiles at the incredible places... (Ctd Pg 4)

REMARKABLE LIVES

OUR RESIDENT'S STORIES

The Adventures of a Lift Engineer (Continued)

...his work took him and the remarkable situations he found himself in. Not many people can say they travelled the world repairing lifts, flew by helicopter with armed guards, had their passport held until a job was complete, or sailed on the QE2 while it underwent sea trials. We are incredibly proud to have N in our community and thrilled to share his fantastic stories with you all.



B's Recipe for a Life Well Lived

This is an article by resident 'B' of Steeton Court Nursing Home.

Some of B's happiest memories are found in the kitchen, where the smell of baking filled the house and everyone knew there would always be enough for one more visitor.

Her legendary chocolate cake became a family favourite. Made

from memory rather than a recipe book, it was always baked in the Rayburn and later the Aga.

B's Famous Chocolate Cake

To make B's famous cake, you will need 20oz of flour, 20oz of margarine, 20oz of sugar, two tablespoons of cocoa powder, and two eggs.

It is finished with a simple butter icing made by mixing butter, sugar and a little cocoa powder together before spreading it through the middle of the cake. Her daughter, son, husband and anyone who happened to call by all loved a slice.

Birthdays were never complete without B's homemade chocolate cake and butterfly buns. (Ctd Pg 5)

REMARKABLE LIVES

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B's Recipe for a Life Well Lived (Continued)...

Traditional Favourites

Apple pies and rhubarb pies were also regular favourites, often served warm with custard. B still enjoys comforting, traditional foods such as homemade soups, new potatoes, roast potatoes, roast beef dinners, rice pudding and all kinds of sponge puddings. She has never liked spicy food.



B worked at the Falcon Hotel in Settle over 50 years ago, starting straight from school. She cooked hearty breakfasts of bacon, fried eggs and sausages and loved being part of the team. If the kitchen was quiet, she would happily help the waitresses or lend a hand in the laundry. She remembers her bosses with great affection, describing them as friendly, kind and always willing to help.

One memory from the hotel stayed with her forever. Seeing animal carcasses in the hotel's carcass room put her off eating meat, something that remained with her throughout her life.

Later, B worked at the Pennigan Café, which made life much easier as she couldn't drive. Her son worked as a wagon driver at the local quarry, and every day one of the quarry wagons would stop to give her a lift to work. She became well known to all the wagon drivers, who always looked out for her.

The Secret to Perfect Yorkshire Puddings

B was also a farmer's wife, and family meals were at the heart of home life. Her husband's favourite meal was roast beef... (Ctd Pg 6)